



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1P BAKED ZUCHINNI, TOMATO, CHEESE AND ASPARAGUS (7) 2P GRILLED HAKE WITH GARILC AND PARSLEY (4) GU FRESH SALAD PO FRESH FRUIT 1	1P BAKED ZUCHINNI, TOMATO, CHEESE AND ASPARAGUS (7) 2P GRILLED HAKE WITH GARILC AND PARSLEY (4) GU FRESH SALAD PO FRESH FRUIT 2	1P FRESH VEGETABLES CREAM 2P BAKED TOFU (onion and natural tomato) (1, 6) PO FRESH FRUIT 3	1P BOILED GREEN BEANS AND POTATOES 2P GRILLED PORK SAUSAGES GU CARROT STICKS IN TEMPURE (1, 6, 7) PO FRESH FRUIT 4	1P BAKED TOFU (onion and natural tomato) 2P BAKED CHICKEN WITH LEMON SAUCE (1, 12) GU GRILLED ZUCCHINI PO YOGURT (7) 4
1P RUSSIAN SALAD (3, 4) 2P GRILLED PORK LOIN (1, 9) GU BOILED RICE PO FRESH FRUIT 7	1P BOILED BROCCOLI AND POTATOES 2P BAKED COD (onion and natural tomato) (4) GU FRESH SALAD PO YOGURT (7) 8	1P LEEK AND POTATOES CREAM (7) 2P BAKED TOFU (onion and natural tomato) (1,6) GU FRESH SALAD (lettuce, red pepper, and carrot) (12) PO FRESH FRUIT 9	1P BAKED TOFU (onion and natural tomato) 2P POTATOES AND ONION OMELETTE (3) GU GRILLED ZUCCHINI PO FRESH FRUIT 10	1P BOILED PEAS AND POTATOES 2P GRILLED BEEF BURGUR (12) GU CARROT STICKS IN TEMPURE (1, 6, 7) PO FRESH FRUIT 11
1P GRILLED VEGETABLES GRILLED HAKE (4) 2P GU FRESH SALAD PO FRESH FRUIT 14	1P BOILED GREEN BEANS AND CARROTS 2P GRILLED PORK SAUSAGES GU BOILED CARROTS PO FRESH FRUIT 15	1P CARROT CREAM (potato and onion) 2P GRILLED VEGETABLE BURGER (1, 6) PO FRESH FRUIT 16	1P TOASTED BREAD WITH BAKED RED PEPPER AND CHEESE 2P GRILLED CHICKEN GU CHIPS PO FRESH FRUIT 17	18
21	22	23	24	25
28	29	30		

Validated menus by our SANED dietitians-nutritionists (CAT000409)

ALLERGENS:

